

I Application procedure

1. Information is requested in advance, orally and / or given in writing about the Ayuryoga training
2. If possible, an orientation meeting will be held with the program coordinator
3. Candidate students send diplomas and other applicable documents for assessment (EVC).
4. Within 14 days, the candidate will receive a written result regarding admission
5. After the student has been admitted, an application form, information regarding the academic year, a class schedule and an invoice will be sent.
6. A registration form serves as a contract and is valid for the period for which the student has registered for the study program / course. The tuition payment applies for a maximum of 1 academic year. An invoice is issued for each academic year, the (extended) registration is confirmed and the training costs re-signed. Payment in installments is possible. Refund conditions are stated in the registration form
7. If it concerns an application where exemption from certain components is requested, a subject teacher will be asked for advice and the Examination Board will be asked for permission. This part of the procedure can take an extra week.
8. In addition, a health questionnaire is completed that is required for a course such as Ayuryoga Nederland, also an additional questionnaire in connection with this. COVID 19 measures. With this personal information it can be ruled out that a student is not able to take the class and it is shown that they are following the training in their own responsibility and that the training is not liable for injuries or possible negative health consequences from the training.

Registration form for training and / or refresher and refresher courses

This registration is valid until the moment that the student wishes to adjust the study program or leaves the study program / has graduated.

The undersigned hereby registers for the training / course after - and further training / retreat / workshop:

4 year HBO training Ayuryoga Teacher & Therapist (T&T)

-Preferably the Yoga learning track for deepening and personal development

Bridge year

Further training in Ayuryoga

Further and further training Ayurveda: theory days ayurveda i.r.t. Yoga, massage lessons, Ayurveda treatment techniques.

lesson dates individual further training / retreat / workshop:

Mr. Mrs.

First Name: Last name:

Maiden name: Address:

.. Postal Code: Residence:

Tel. : Mob. :

Date of birth: Birthplace:

E-mail:

Name and Address Practice / Studio:

Describe your status:

What previous education do you have: MAVO / HAVO / VWO / MBO / HBO / University (Circle)

I work in Ayurveda / Yoga / Nature, Regular medicine

You have followed an EISRA / Delight Academy / Ayuryoga / Yoga training.

If yes which one: Finished: Yes No.

Started: Finished:

Internship PDI / Ashram / other: Yes No Thesis Subject:

I hereby also undertake to pay the study / course fee of the relevant training / course before the start of the (further) training process. This agreement has a reflection period of 2 weeks after the first orientation day. If due to circumstances a payment arrangement is required, this must be discussed in advance. As long as the study / course fee has not been paid, no participation in the lessons can take place. It is clear to me that in case of premature termination of the training / course, refund of the tuition fees for the current academic year is only possible pro rata. If payment is made in installments, no refund can be given on the amount once paid. A request for this must be submitted in writing 2 months in advance.

I digitally attach 1 recent passport photos for the registration procedure.

I declare to have completed this form truthfully, as well as the health questionnaire. Deliberately providing incorrect information may lead to termination of my participation in this training. The general terms and conditions apply to this registration

Signature:

Training costs

Expenses and Study Supplies

Registration fee € 95, -

Tuition and internship costs

The tuition fee per academic year is € 2550, - During the entire training, 2 internships of 2 weeks each are organized and charged separately. They amount to approximately

€ 975 for the India internship and € 1015, internship in the Netherlands of 2 weeks each. The travel costs to be incurred must be paid for yourself.

Retreats and Workshops are charged separately, depending on the number of days the program lasts. This is stated in the announcement of a retreat / workshop.

Material costs

- Yoga material: this is available at the class location, but wear comfortable clothing, preferably in pastel colors
- Bring your own paper and writing supplies.
- Literature: in the overview below it is stated per grade which literature is compulsory. You can purchase some of the literature yourself and the Yoga literature can be ordered through the training.

The books for the Yoga classes are on average € 300 per year. Three Syllabies are available for Ayurveda at a cost of € 25 each. Therapeutic Training a workbook of € 25, - and a choice from one of the recommended books from the bibliography. Learning line research, not compulsory to purchase. MBK books: Merck Manual, Anatomy and Physiology together plus minus € 100, -

Guidance and services offered by the study program.

Each academic year has its own teacher and mentor. This person is responsible for the student's study counseling. The homework submitted will be checked and assessed. Twice a year an interim evaluation takes place where the study progress and possible obstacles are discussed.

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Student's signature:

HEALTH QUESTIONNAIRE

Name: Date of birth: Telephone number: E-mail:

Circle Yes or No for the following questions. The health questionnaire will be treated confidentially.

1. Are you allergic to anything? Yes No

If so, for what?

2. Have you had a heart attack? Yes No

3. Do you suffer from palpitations? Yes No

4. Are you being treated for low or high blood pressure? Yes No

5. Do you have chest pain during exercise? Yes No

6. Do you get short of breath when lying flat in bed? Yes No

7. Do you have a heart valve defect or an artificial heart valve? Yes No

8. Do you have a congenital heart defect? Yes No

9. Do you have a pacemaker (or ICD) or neurostimulator? Yes / no

10. Have you ever passed out during dental or medical treatment? Yes No

11. Do you have epilepsy, epilepsy? Yes No

12. Have you ever had a brain haemorrhage or stroke (or TIA)? Yes No

13. Do you suffer from lung complaints such as asthma, bronchitis or chronic cough? Yes No

14. Do you have anemia? Yes No

15. Have you ever had prolonged bleeding after tooth extraction or surgery? Yes No

16. Do you have diabetes? Yes No

17. Do you have or have you had hepatitis, jaundice or other liver disease? Which? Yes No

18. Do you have kidney disease? Yes No

19. Do you have rheumatism and / or chronic joint complaints? Yes / no

20. Do you have chronic kidney disease for which you are on a diet? Yes / no Do you have kidney function replacement treatment? Yes No

21. Do you have an artificial joint? if so, since when and where? Yes No

22. Have you been irradiated because of a tumor in the head or neck? Yes No

23. Do you smoke? If yes How many per day? Yes No

24. Do you use alcohol and / or drugs? Yes No

25. Women: are you pregnant? Yes No

26. Do you have an illness or condition that has not been asked about? Yes No

27. Who is your doctor?

28. Are you on medication? If yes which one? Yes No

Date of signature: Signature:

Name student: Date of completion:

In the context of COVID 19 measures, we want to purchase the next checklist as a training course. This is one of the conditions under which we are allowed to teach again.

Ask for the health check

If one of the questions below is answered with YES, the employee may not come to work, or the visitor may not come to the appointment / reservation. Work or visit should be postponed until no answer can be given to each question.

1. Did you have one or more of the following (mild) complaints in the past 24 hours or at the moment: cold, cough, shortness of breath and / or fever (from 38 degrees Celsius)?
2. Do you currently have a housemate / family member with a fever and / or shortness of breath?
3. Have you had the new coronavirus (diagnosed with a laboratory test) and has this been diagnosed in the past 7 days?
4. Do you have a housemate / family member with the new corona virus (determined by a laboratory test) and did you have contact with this housemate / family member less than 14 days ago while he / she still had complaints?
5. Are you in home isolation because you have had direct contact with someone who has been diagnosed with the new corona virus?

March 12, 2021

Carla van Dijk

Training coordinator Ayuryoga Netherlands